

## Maria Primitiva Paz Root

2457 26th Avenue East  
Seattle, Washington 98112  
Voice and FAX (206) 324-1480

Washington State Psychology License: #977

---

---

### EDUCATION

1988-1989		<i>University of Washington, Seattle, WA</i> Post Doctoral Research Training
1983	Ph.D.	<i>University of Washington, Seattle, WA</i> Clinical Psychology
1979	M.A.	<i>Claremont Graduate School, Claremont, CA</i> Cognitive Psychology
1977	B.A. B.A.	<i>University of California, Riverside, CA</i> Psychology Sociology

### EMPLOYMENT HISTORY

9/95-1/99	Associate Professor American Ethnic Studies
9/96-6/97	Program Director, Asian Americans Studies
10/95-1/99	Adjunct Associate Professor Psychology
1/97-1/99	Women's Studies University of Washington Seattle, WA
8/83-present	Clinical Psychologist Private Practice Seattle, WA

3/91-9/95  
Clinical Associate Professor  
Psychology Department  
University of Washington  
Seattle, WA

8/89-7/90  
Visiting Assistant Professor  
University of Hawaii  
Honolulu, HI

7/87-3/91  
Clinical Assistant Professor  
Psychology Department  
University of Washington

6/88-6/89  
Research Fellow  
Addictive Behaviors Research Center  
University of Washington

8/83-6/86  
Director  
Bulimia Treatment Program  
Seattle, WA

9/83-6/86  
Clinical Psychologist  
Resources Northwest  
Valley Cities Mental Health  
Auburn, WA

7/82-6/83  
Psychology Intern  
Dept. of Psychiatry & Behavioral Sciences  
University Hospital  
Seattle, WA

9/81-6/82  
Psychology Intern  
University Counseling Center  
University of Washington  
Seattle, WA

## PUBLICATIONS

### *Books*

- Root, M. P. P. and Kelley, M. (Eds.) (2003). **The Multiracial Child Resource Book**. Seattle, WA: Mavin Foundation.
- Root, M. P. P. (2001). **Love's Revolution: Racial Intermarriage**. Philadelphia, Pa: Temple University Press.
- Root, M. P. P. (Ed.) (1997). **Filipino Americans: Transformation and Identity**. Thousand Oaks, Ca: Sage Publications.
- Root, M. P. P. (1996) (Ed.). **The Multiracial Experience: Racial Borders as the New Frontier**. Thousand Oaks, Ca: Sage Publications.
- Root, M. P. P. (Ed.) (1992). **Racially Mixed People in America**. Newbury Park, CA: Sage Publications.
- Brown, L., & Root, M. P. P. (Editors) (1990). **Complexity and Diversity in Feminist Theory and Therapy**. New York: The Haworth Press, Inc.
- Root, M. P. P., Fallon, P., & Friedrich, W. N. (1986). **Bulimia: A Systems Approach To Treatment**. NY: Norton Books.

### *Refereed Journals*

- Root, M. P. P. (2004). From Exotic to a Dime a Dozen. **Women and Therapy** (special issue), **27** (1/2), 19-31.
- Root, M. P. P. (2001). Future Considerations in Research on Eating Disorders. **The Counseling Psychologist**, **29** (5), 754-762.
- Hall, G. N., et al. (1998). Misunderstandings of Multiculturalism: Shouting Fire in Crowded Theaters. **American Psychologist**,
- Root, M. P. P.(1998). Preliminary Findings from the Biracial Sibling Project. **Cultural Diversity and Mental Health**, **4**, 237-247.
- Root, M. P. P. (1995). Disordered Eating in the Multicultural Context. **Eating Disorders: The Journal of Treatment and Prevention**, **3** (1).
- Urquiza, A. J, Wyatt, G. E., & Root, M. P. P. (Eds.) (1995). **Victims and Violence: Violence Against Women of Color**.

- Root, M. P. P. (1991). Persistent Disordered Eating As A Gender-Specific Post-Trauma Stress Response. **Psychotherapy: Theory, Research, and Practice**, **28**, 96-102.
- Root, M. P. P. (1990). Disordered Eating in Women of Color. In L. Comas-Diaz and P. Reid (Eds.), **Sex Roles**, **22**, 525-536.
- Root, M. P. P. (1990). Recovery and Relapse in Former Bulimics. **Psychotherapy: Theory, Research, and Practice**, **27**, 397-403.
- Root, M. P. P. (1989). "Treatment Failures": Considering the Significant Role of Sexual Victimization in Women. **Journal of Orthopsychiatry**, **59**, 542-549.
- Root, M. P. P., & Fallon, P. (1989). Treating the Victimized Bulimic: The Functions of Binge-Purge Behavior. **Journal of Interpersonal Violence**, **4**, 90-100.
- Root, M. P. P., & Friedrich, W. N. (1989). MMPI code-types and clinical heterogeneity in a bulimic sample. **Psychotherapy in Private Practice**, **7**, 97-113.
- Root, M. P. P., & Fallon, P. (1988). The Incidence of Victimization Experiences in a Bulimic Sample. **Journal of Interpersonal Violence**, **3**, 161-173.
- Root, M. P. P. (1987). An eight-week group treatment program for bulimia. **Journal of College Student Psychotherapy**, **1**, 105-118.
- Fallon, P., & Root, M. P. P. (1986). A Family Typology Guide To Treatment of the Bulimic Client. **American Mental Health Counselors' Association Journal**, **8**, 221-228.
- Root, M. P. P. (1985). Guidelines for Facilitating Therapy with Asian-American Clients. **Psychotherapy, Theory, Research, and Practice**, **22**, 349-356.
- Banks, W. P., & Root, M. P. P. (1979). Semantic Congruity Effects in Judgments of Loudness. **Journal of Perception and Psychophysics**, **26**, 133-142.

### ***Book Chapters***

- Trimble, J. E., Helms, J. E., and Root, M. P. P. (2004). Social and Psychological Perspectives on Ethnic and Racial Identity. In G. Bernal, J. E. Trimble, A. K. burlew, and F. Leong (eds.), **Handbook of Racial and Ethnic Minority Psychology** (pp. 239-275). Thousand Oaks, CA: Sage Publications.

- Root, M. P. P. (2004). From Exotic to a Dime a Dozen. In A. R. Gillem and C. A. Thompson (eds.), **Biracial women in therapy: Between the rock of gender and the hard place of race**, pp. 19-31. New York: Haworth Press.
- Root, M. P. P. (2003). Multiracial Families and Children: Implications for Educational Research and Practice. In J. A. Banks and C. A. McGee Banks (eds.), **Handbook of research on multicultural education** (second edition), pp. 110-124. San Francisco: Jossey-Bass.
- Root, M. P. P. (2003). Use of Multicultural Competency in Forensic Work Related to Racial and Ethnic Origins Harassment in the Workplace. In D. B. Pope-Davis, H. L. K. Coleman, W. M. Liu, and R. L. Toprek (eds.), **The Handbook of Multicultural Competencies in Counseling Psychology** (478-492). Thousand Oaks, CA: Sage Publications.
- Root, M. P. P. (2003). Bill of Rights for Racially Mixed People. In Root, M. P. P. and Kelly, M. (Eds.), **The Multiracial Child Resource Book: Living Complex Identities** (P. 32). Seattle, WA: Mavin Foundation.
- Root, M. P. P. (2003). Racial Identity Development and Persons of Mixed Race Heritage. In Root, M. P. P. and Kelly, M. (Eds.), **The Multiracial Child Resource Book: Living Complex Identities** (34-41). Seattle, WA: Mavin Foundation.
- Root, M. P. P. (2003). Issues Specific to General Multiracial Heritage. In Root, M. P. P. and Kelly, M. (Eds.), **The Multiracial Child Resource Book: Living Complex Identities** (132-134). Seattle, WA: Mavin Foundation.
- Root, M. P. P. (2003). Five Mixed Race Identities: From Relic to Revolution. In L. I. Winters and H. Debose (eds.), **New faces in a changing America: Multiracial identity in the 21<sup>st</sup> century**. Thousand Oaks, Ca: Sage Publications.
- Root, M. P. P. (2003). Updating Models of Racial and Ethnic Identity. In D. K. Freedheim (Ed.), **Handbook of psychology: Volume 1, history of psychology**, pp. 503-508. Hoboken, NJ: John Wiley & Sons.
- Root, M. P. P. (2002). Methodological Issues in Multiracial Research. In G. Nagayama-Hall and S. Okazaki (eds.), **Asian American Psychology: Scientific innovations for the 21<sup>st</sup> Century**. Thousand Oaks, CA: Sage Publications.
- Root, M. P. P. (2001). On the Development of the Bill of Rights for Racially Mixed People. In D. Goldberg and P. Essed (Eds.), **Race critical theories**. New York: Blackwell.
- Root, M. P. P. (2001). Factors influencing the variation in racial and ethnic identity of mixed-heritage persons of Asian ancestry. In T. K. Williams-Leon and C. L.

- Nakashima (Eds.), **The sum of our parts: Mixed heritage Asian Americans** (pp. 61-70). Philadelphia, PA: Temple University.
- Root, M. P. P. (2001). Negotiating the Margins. In J. G. Ponterotto, J. M. Casas, L. A. Suzuki, and C. M. Alexander (Eds.), **Handbook of Multicultural Counseling** (second edition), pp. 113-122. Thousand Oaks, CA: Sage Publications.
- Root, M. P. P. (2000). Rethinking Racial Identity Development: An Ecological Framework. In P. Spickard and J. Burroughs (Eds.) **We Are a People: Narrative in the Construction and Deconstruction of Ethnic Identity**. Philadelphia, PA: Temple University Press.
- Root, M. P. P. (1999). Facilitating Therapy with Asian American Clients. In Atkinson, D. Morten, G., & Sue, D. W. (Eds.), **Counseling American Minorities: A Cross Cultural Perspective** (Fifth edition). Dubuque, Iowa: Charles C. Brown.
- Root, M. P. P. (1999). The Biracial Baby Boom: Understanding Ecological Constructions of Racial Identity in the Twenty-first Century. Sheets, R. H. and Hollins, E. R. (Eds.), **Aspects of Human Development: Racial and Ethnic Identity in School Practices**. Mahwah, NJ: Lawrence Erlbaum.
- Root, M. P. P. (1998). Reconstructing Race, Rethinking Ethnicity. In Hersen, M. and Bellack, A. (Eds.), **Comprehensive Clinical Psychology**. London, England: Elsevier Science.
- Root, M. P. P. (1998). Amerasians. In L. C. Lee and N. W. Zane (Eds.). **Asian American psychology handbook**. Newbury Park, CA: Sage Publications.
- Root, M. P. P. (1998). Asian American women. In L. C. Lee and N. W. Zane (Eds.). **Asian American psychology handbook**. Newbury Park, CA: Sage Publications.
- Root, M. P. P. (1997). Issues of Identity Development in Multiracial Children. G. Bear, K. Minke, and A. Thomas (Eds.), **Children's Needs II: Psychological perspectives**. Washington DC: National Association of School Psychologists.
- Root, M. P. P. (1997). Racial Colonization of Contemporary Mixed Heritage Filipino Americans. In M. P. P. Root (Ed.), **Filipino Americans: Transformation and Identity**. Thousand Oaks, CA: Sage Publications.
- Root, M. P. P. (1997). Mixed race women. In N. Zack (Ed.), **Sex/Race**. New York: Routledge Press.
- Root, M. P. P. (1996). Women of Color and Traumatic Stress: Gender and Race as Disempowering Statuses. In A. Marsella and M. Friedman (Eds.), **Ethnocultural aspects of post-traumatic stress and related disorders: Issues, research, and directions**. Washington, DC: APA.

- Root, M. P. P. (1996). The Multiracial Experience: Racial Borders As the Significant Frontier in Race Relations. In M. P. P. Root (Ed.), **Racially mixed people in the new millennium**. Newbury Park, Ca: Sage Publications.
- Root, M. P. P. (1996). A Bill of Rights for Racially Mixed People. In M. P. P. Root (Ed.), **Racially mixed people in the new millennium**. Newbury Park, Ca: Sage Publications.
- Root, M. P. P. (1995 ). The Psychological Browning of America. In N. Zack (Ed.), **Mixed race: The culture of microdiversity**. New York: Roman and Littlefield.
- Root, M. P. P. (1995). Conceptualization and Treatment of Eating Disorders in Couples. In A. Gurman and N. Jacobson (Eds.), **Clinical Handbook of Marital Therapy** (second edition) (pp. 437-457). New York: Guilford Press.
- Root, M. P. P. (1995). The Psychology of Asian American Women. In H. Landrine (Eds.), **Handbook on Women and Psychology**, Washington DC: APA Books.
- Root, M. P. P. (1994). Mixed Race Women. In L. Comas Diaz and B. Green (Eds.), **Women of Color and Mental Health: The Healing Tapestry**. New York: Guilford Publications.
- Root, M. P. P. (1992). Loyalty, Rootedness, and Belonging: The Quest for Defining Asian American Identity. In Lee C. Lee (Ed.), **Asian Americans: Collages of Identities** (pp. 155-183). Ithaca, NY: Cornell University.
- Root, M. P. P. (1992). Within, Between and Beyond Race. In Root, M. P. P. (Ed.), **Racially Mixed People in America**. Newbury Park, CA: Sage Publications.
- Root, M. P. P. (1992). Back to the Drawing Board: Methodological Issues in Research on Multiracial People. In Root, M. P. P. (Ed.), **Racially Mixed People in America**. Newbury Park, CA: Sage Publications.
- Root, M. P. P. (1992). From Shortcuts to Solutions. In M. P. P. Root (Ed.), **Racially Mixed People in America**. Newbury Park, CA: Sage Publications.
- Root, M. P. P. (1992). The Impact of Trauma on Personality: The Second Reconstruction. In L. Brown and M. Ballou (Eds.), **Theories of Personality and Psychopathology: Feminist Reappraisal**. New York: Guilford Press.
- Root, M. P. P. (1990). Resolving "Other" Status: Biracial Identity Development. In L. Brown & M. P. P. Root (Eds.), **Complexity and Diversity in Feminist Theory and Therapy** (pp. 191-211). New York: The Haworth Press, Inc.

- Root, M. P. P. (1989). Guidelines for Facilitating Therapy with Asian American Clients. In D. R. Atkinson, G. Morten, and D. W. Sue (Eds.), **Counseling American Minorities: A Crosscultural Perspective**. Dubuque, IA: William C. Brown.
- Root, M. P. P. (1989). Family Sculpting with Bulimics. In L. M. Hornyak & E. K. Baker (Eds.) **Experiential techniques in the treatment of eating disorders** (pp. 78-100). New York: Guilford Press.
- Root, M. P. P., Ho, C., & Sue, S. (1986). Training counselors for Asian-Americans. In H. Lefley and P. Pedersen (Eds.), **Cross-cultural training for mental health professionals**. New York: Charles C. Thomas.

*Other*

- Root, M. P. P. (1997). Understanding "Why" and "How" of Ethnic Identity Amongst Multiracial Asians. In V. H. Houston and T. K. Williams (Eds.), **Amerasia Journal** (Special Issue: No Passing Zone: Aesthetics and Discursive Voices of Multiethnic People of Asian Descent).
- Root, M. P. P. (1996-97). Multiracial Asian Families. Special Holiday Issue of **Pacific Citizen**, Newspaper of the Japanese American Citizen's League. Los Angeles, CA.
- Root, M. P. P. (1995-96). The Rights of Multiracial Asian Americans: Separating Race and Ethnicity. Special Holiday Issue of **Pacific Citizen** on Hapa Issues, Newspaper of the Japanese American Citizen's League, Los Angeles, CA.
- Root, M. P. P. (1992). Relapse as Part of Recovery from Eating Disorders. In J. Yager (Ed.), **Eating Disorders Review**, **3**, 1-3.
- Root, M. P. P. (Summer 1994). Reasons racially mixed persons identify as people of color. **FOCUS**. Div. 45 newsletter.
- Root, M. P. P. (1992). Treatment of Eating Disorders in the 1990's. **Report of the National Institutes of Health: Opportunities for Research on Women's Health** (S/N) 017-040-00522-9). Bethesda, MD: NIH.
- Pine, C. J., Cervantes, J. M., Hall, C. I. J., Holroyd, J., LaDue, R. A., Robinson, L., & Root, M. P. P. (1990). **Guidelines for Delivery of Services to Ethnic Minority Populations**. Board of Ethnic Minority Affairs Task Force of the American Psychological Association.
- Root, M. P. P. (1990). Positive Strategies to Prevent Disordered Eating. In C. Holman (Ed.), **Body Basics: A Newsletter for Adolescent Health Promotion**. University of Washington, Division of Adolescent Medicine.



Root, M. P. P. (1990). Rules of the Road: For Do-It-Yourself Diet Designing. **Shape**.  
January.

***Dissertation***

Root, M. P. P. (1983). **Bulimia: A Descriptive and Treatment Outcome Study**.  
(Doctoral dissertation, University of Washington, Seattle, WA.)

**EDITORIAL REVIEW BOARDS**

**Eating Disorders: Treatment and Prevention**, Editorial Board: Multicultural  
Editor (1993- 2003)  
**Cultural Diversity and Ethnic Minority Psychology** (1999-2000)  
**Sage Publications Series: Racial and Ethnic Minority Psychology** (1996-2001)  
**Cultural Diversity and Mental Health**, Editorial Board (1994-1998)  
**Journal of Sex Roles**, Editorial Board (1992-2001)  
**Women and Therapy**, Editorial Board (1992-1995)  
**Violence and Victims** (Guest Co-Editor) (1995 special issue: Violence Against  
Women of Color)

***AD HOC REVIEWER***

**Psychological Bulletin**  
**Psychology of Women Quarterly**  
**American Journal of Community Psychology**  
**Journal of Interpersonal Violence**  
**Behavior Research and Therapy**  
**Psychological Assessment: A Journal of Cons. and Clin. Psych.**  
**Encyclopedia of Human Biology**  
**Stanford Educational Review**  
**Signs**  
**Journal of Traumatic Stress Studies**  
**Asian American and Pacific Island Journal of Health**  
**Journal of Health Psychology**  
**Journal of Personality and Social Psychology**  
**Journal of American Ethnic History**  
**Cultural Diversity and Ethnic Minority Psychology**  
**The American Psychologist**  
**Child Development**  
**Cultural Anthropology**  
**Eating Disorders: Treatment and Prevention**

PAPERS, SYMPOSIA, and INVITED ADDRESSES and LECTURES

*Keynote Addresses and Invited Lectures*

- Root, M. P. P. (2004). **Love's Revolution: The Intersections of Race, Gender, and Culture in Interracial Couples**. 13<sup>th</sup> Annual Culture Conference, Working with Couples: Cultural and Interracial Intimacies, New Jersey.
- Root, M. P. P. (2003). **Multiracial Identity: Rethinking What We Have Been Taught About Race and Culture**. Washington State Psychological Association, Seattle, WA.
- Root, M. P. P. (2003). **Crossing Cultural Borders**. 12<sup>th</sup> Annual Culture Conference, Crossing Cultural Borders: Transformation & Healing, New Brunswick, NJ.
- Root, M. P. P. (2003). **Multiracial Identity Assessment leading to Culturally Appropriate Clinical Practices**. Race 2003: Relevance of Assessment and Culture in Evaluation. Arizona State University, Tempe, AZ.
- Root, M. P. P. (2002). **Families and Race: The Impact on Identity Development in Persons of Mixed Heritage**. Association for Multiethnic Americans. Tucson, AZ.
- Root, M. P. P. (2002). **Mixed Race Identity: Meaning and Formation in the College Years**. The Dennis H. May Conference on Diversity Issues and the Role of Counseling Centers: Intersections: Making Meaning of Multiple Identities, University of Illinois, Urbana-Champaign.
- Root, M. P. P. (2002). **Multiracial Heritage: How and What is Asian American Enough?** Asian American Studies Program, University of Illinois, Urbana-Champaign.
- Root, M. P. P. (2002). **Mixed Race Women: Generational Differences in Emerging Identities**. Association for Women in Psychology. Vancouver, Canada.
- Root, M. P. P. (2002). **An Ecological Framework for Understanding Identities and Alliances of Racially Mixed People in the US**. Visibility and Invisibility Conference. Andrew Sims Centre for Professional Development. Leeds, England.
- Root, M. P. P. (2002). **Counseling Interventions for Children and Youth with Mixed Race Heritage**. Association for Multicultural Counseling and Development. New Orleans, LA.
- Root, M. P. P. (2001). **Love's Revolution: Interracial Marriage**. Invited speaker for Evening with the Experts Series, Miramar College, San Diego.

- Root, M. P. P. (2001). **One Filipino American's Personal Journey: Family, Community, and Achievement.** Filipino American National Historical Society and Filipino American Student Association (Miramar College), San Diego.
- Root, M. P. P. (2001). **Reconstructing Race, Rethinking Ethnicity: Issues of Identity Development in Multiracial Children.** Cultural Diversity Conference, Multicultural Institute, New Jersey.
- Root, M. P. P. (2001). **The Impact of Racial and Ethnic Origins Discrimination in the Workplace.** National Multicultural Summit, Santa Barbara, CA.
- Root, M. P. P. (1999). **Cultural Competency.** Minnesota Psychological Association.
- Root, M. P. P. (1998). **The changing nature of race and ethnicity with the biracial baby boom.** Colorlines in the 21st Century: Multiracialism in a racially Divided World. Roosevelt University, Chicago, IL.
- Root, M. P. P. (1998). **Preparing Competent Mental Health Professionals for the New Millennium: A Multicultural Perspective.** Second Annual American Psychological Association Graduate Students-Committee on Ethnic Minority Affairs conference. Wheaton College, Wheaton, IL.
- Root, M. P. P. (1998). **An Ecological Model for Understanding Identity Development.** Awards Address. American Psychological Association, San Francisco, CA.
- Root, M. P. P. (1998). **Reexamining Racial and Ethnic Identity Construction from a Multiracial Perspective.** Diasporas and Identities Series. Stanford University Center for Comparative Studies Race and Ethnicity.
- Root, M. P. P. (1998). **An Ecological Model of Racial and Ethnic Identity Development: Understanding Generational Differences in the Identities of Americans of Asian Heritage.** National Research Center on Asian American Mental Health Spring 1998 Series. Psychology Department, University of California, Davis.
- Root, M. P. P. (1998). **Findings from the Multiracial Families Project.** (Keynote) Multiracial Identity Conference. Mixed Initiative and University of Michigan, Madison.
- Root, M. P. P. (1998). **Understanding the Multiple Influences on the Identity Formation of Multiracial People.** Multiracial Identity Conference. University of Michigan, Madison.

- Root, M. P. P. (1997). **Sex, Race, and Love: Reinterpreting Society's Responses to Interracial Couples**. Multiracial Americans of Southern California Annual Conference.
- Root, M. P. P. (1997). **Bill of Rights for Multiracial People and Other Ways to Reframe Race for the Next Millenium**. Negotiating Racial and Multiracial Identities Conference. Edgewood College, Madison, Wisconsin.
- Root, M. P. P. (1997). **Rethinking Racial Identity from a Multicultural Perspective..** Western Psychological Association. Seattle, WA.
- Root, M. P. P. (1996). **The Multiracial Experience: A New Paradigm**. University of California, San Diego Department of Ethnic Studies, Colloquium series. San Diego, CA.
- Root, M. P. P. (1996). **Revisiting Racial Identity Theories Through the Perspective of the Biracial Experience**. Psychology Department, Kent State University. Kent, OH.
- Root, M. P. P. (1996). **The Impact of Biracial People on Social Meanings of Race and Ethnicity**. Coalition Organized for Professional Evolution, Illinois School of Professional Psychology. Chicago, IL.
- Root, M. P. P. (1996). **Multiracial People: Challenging the Construction of Race and Ethnicity**. California School of Professional Psychology, Alameda, CA.
- Root, M. P. P. (1995). **Determinants of Multiracial Identity and the Importance of Labels**. (Keynote panel) International Conference on Multiethnicity and Multiraciality. Brigham Young University, Laie, Hawaii.
- Root, M. P. P. (1995). **Changing the Face of Asian America: The Hapa Experience**. Address for Asian Pacific American Month. Smithsonian Institute, Washington DC.
- Root, M. P. P. (1995). **Multiracial families and their children**. (Keynote address for Asian Pacific Month) U.S. Dept. of Commerce, Bureau of the Census, Washington DC.
- Root, M. P. P. (1995). **The Changing Face of Diversity in the Workplace**. Address for Asian Pacific Month. U.S. Dept. of Housing and Urban Development.
- Root, M. P. P. (1995). **Multiracial Experience: The Borders as the New Frontier**. Identity and Illusions Conference. University of California, Santa Cruz.
- Root, M. P. P. (1994). **Resistance, Revolution, and Change: The Politics of Asserting a Multiracial Identity**. Second Annual Statewide Multiracial Conference, hosted by University of California at Santa Barbara, *Variations*.

- Root, M. P. P. (1993). **Ethnocultural Familial Factors in the Role of Eating Disorders**. Renfrew Conference, Philadelphia, PA.
- Root, M. P. P. (1993). **Biracial Baby Boomers: Creative Visions of Ethnic Solidarity and Ethnic Diversity**. Multiracial Americans of Southern California Annual Conference.
- Root, M. P. P. (1993). **Multiracial Identity**. San Francisco State University, California, First Annual Conference of Multiracial Identity.
- Root, M. P. P. (1992). **Using the Experience of Integrating Racial Differences in Racially Mixed People as a Model for Understanding Race Relations**. Denver Psychological Association and Colorado Black Psychologists Association.
- Root, M. P. P. (1991). **Treating Disordered Eating**. Colorado Eating Disorders Professional Association, Denver, CO.
- Root, M. P. P. (1991). **Families and Eating Disorders: New Hope and Understanding** (Keynote). Colorado Eating Disorders Professionals Community Outreach, Denver, CO.
- Root, M. P. P. (1991). **The Browning of America**. Association for Women & Psychology. Hartford, CT.
- Root, M. P. P. (1987). **Anorexia and Bulimia: The Role of TPN in Therapy**. Keynote Speaker. National Intravenous Therapy Association, Seattle, Wa.

*Invited Symposia and Presentations*

- Root, M. P. P. (2003). Multiracial Families and Children: Implications for School Reform. With Banks, J. A., Grant, C. A., Gay, G, Sleeter, C. E., Banks, C. A. McGee., and Nieto, S. Increasing Student Achievement in Multicultural Societies: Insights and Findings from the Second Edition of the Handbook of Research on Multicultural Education, **National Association of Multicultural Education**, Seattle, WA
- Maria P. P. Root (2003). **Contemporary Thinking on Interracial Families and Biracial Children**. Washington State Psychological Association.
- Maria P. P. Root (2003). **When Race is Family Business: Three Models of Family**. American Psychological Association, Toronto, Canada.
- Maria P. P. Root (2002). **Understanding Differences in Multiracial Identity Based on Caste versus Class Notions of Race**. Visibility and Invisibility Conference. Andrew Sims Centre for Professional Development. Leeds, England.

- Root, M. P. P. (2002). **Interracial Marriage: When Race is a Family Commodity**. American Family Therapy Association, Seattle, WA.
- Root, M. P. P. (1999). **Multiracial/Biracial Identity: Implications for Research, Education, Training, and Practice**. National Multicultural Conference and Summit, Newport Beach, CA.
- Root, M. P. P., Ramirez III, M., Trimble, J. E., Beauvais, F., and Thurman, P. J. (1998). Progressive Developments in the Theory and Measurement of Multiethnic Identity. **An Ecological Model for Racial, Ethnic, and Gender Identity Co-Construction: Preliminary Findings from Siblings of Mixed Heritage**. XIVth Congress of the International Association for Cross-Cultural Psychology, Bellingham, WA.
- Root, M. P. P. et al. (1997). **Publishing and Perishing--The Dialogue on Diversity Continues**. American Psychological Association, Chicago, IL.
- Root, M. P. P. (1997). **The Phenomenological Identities of Mixed Race People**. The Teachers College Winter Roundtable. Columbia University, New York, NY.
- Root, M. P. P. (1996). **Rethinking Race Through the Multiracial Experience**. San Francisco Book Council. San Francisco, CA.
- Root, M. P. P. (1996). **Deconstructing Race and Ethnicity Throughout the Grade Levels**. Urban Initiatives: In Partnership with Education. Board of Educational Affairs mini-convention. American Psychological Association Conference, Toronto, Canada.
- Root, M. P. P. (1996). **Forensic Assessment Issues for Asian Americans**. Asian American Psychological Association Conference, Toronto, Canada.
- Cauce, A. M., Root, M. P. P., & Philipsen, G. (1996). **How Do Culture and Ethnicity Fit into the Study of Personal Relationships?** INPR Conference, Seattle, WA.
- Root, M. P. P., Twine, F. W., & Bradshaw, C. K. (1996). **Contemporary Issues in Identity Development for Racially Mixed People**. Washington State Psychological Association.
- Root, M. P. P. (1996). **Short-Term and Long-Term Significance of Interracial Dating and Marriage in Contemporary Times for Asian Americans**. Asian Pacific American Workshop, Pacific Lutheran University, Tacoma, WA.
- Root, M. P. P. (1996). **Domestic Violence: Myths Supported by Filipino Cultural Beliefs**. Topics on Pilipina Americans Today: Feminist Research and Community Forum. Northwest Center for Research on Women. University of Washington, Seattle, WA.

- Root, M. P. P. (1995). **Dimensions of History, Community, and Family on the Social Location of a Multiethnic/Multiracial Self.** (Opening Lecture for the Jackson International School 1995 Series on Multiethnicity and Multiraciality in the International Context) University of Washington, Seattle.
- VandenBoss et al. (1993). **How to Publish Your Manuscript: An Author's Perspective on Publishing** (Invited Symposium), American Psychological Association, Toronto, Canada.
- Root, M. P. P. (1993). **Women of Color and Traumatic Stress in "Domestic Captivity": The Construction of Gender and Race as Risk Factors for Traumatic Experiences.** Scientific Institute: Ethnocultural Aspects of Post-Traumatic Stress and Related Disorders: Issues, Research, and Directions, Honolulu, Hawaii.
- Comas-Diaz, L., Dobbins, J., Rollock, D., Root, M. P. P., and Wellman, D. (1993). **Is Racism a Psychiatric Disorder?** American Orthopsychiatric Association, San Francisco, CA.
- Root, M. P. P. (1993). **Deconstructing Race for Better Understanding of Ethnicity.** Pilipino Mental Health Association, Seattle, WA.
- Root, M. P. P. (1992). **Psychological Profiles in Female Athletes that Pose Vulnerability and Risk Factors for Developing Disordered Eating.** American College of Sports Medicine Conference: The Female Athlete Triad: Disordered Eating, Amenorrhea, and Osteoporosis. Washington, DC.
- Root, M. P. P. (1992). **America's Emerging Racially Mixed People.** Cornell University, Ithaca, NY.
- Brooks, G. E., Karpell, M., Root, M. P. P., Ross, J., and Sargent, J. (1991). **Family Therapy and Eating Disorders.** Renfrew Conference, Philadelphia, PA.
- VandenBoss, G. et al. (1991). **How to Publish Your Manuscript: Author's Perspective.** American Psychological Association, San Francisco, CA.
- Reid, P., Sue, D., Moritsugu, J., Espin, O., Taylor, D., & Root, M. P. P. (1990). **Undergraduate Psychology: Strategies for Putting Ethnicity into the Curriculum.** Invited Symposia. American Psychological Association, Boston, MA.
- Root, M. P. P. (1990). **Loyalty, Rootedness, and Belonging: The Quest for Defining Asian American Identity.** Asian American Studies Program Writers' Invited Symposium. The Construction of Asian American Identity. Cornell University, Ithaca, NY.

Root, M. P. P. (1990). **Alcohol, Drugs, Food and Psychological Outcomes of Abuse.** Invited speaker. Pacific Northwest Symposium III Conference: Incest and Sexual Abuse: Unmasking Reality. Seattle, WA.

Root, M. P. P. (1990). **Women and Weight in the '90's: Our Future Has Arrived.** Invited Speaker. Weight Watchers' Educational Conference. Women and Weight in the '90's. New York, NY.

Root, M. P. P. (1989). **Assessing Multiple Traumas Inherent in Traumatic Stressors: A Means for Understanding Similarity and Dissimilarity Among Traumatic Experiences.** Queen's Hospital, Honolulu, HI.

Harmon, L., Cameron, L., Knapp, S. Root, M. P. P., & VandenBoss, G. (1989). **How to Publish Your Manuscript: An Author's Perspective.** American Psychological Association, New Orleans, Louisiana.

Root, M. P. P. (1988). **Meaning in Intimate Relationship: Ethnocentrism and Racism in Cross-Cultural and Interracial Relationships.** Third Annual Women of High Potential Conference, Seattle, WA.

Root, M. P. P. (1987). **Helping Families with Eating Disorders.** 10th Annual selected topics in parent and child nursing. University of Washington Continuing Nursing Education. Seattle, WA.

Root, M. P. P. (1986). **Similarities Among Bulimic Women and Victims of Rape, Battering, Physical Abuse, and Sexual Abuse.** Western Psychological Association, Seattle, WA.

### ***Presentations***

Root, M. P. P. (2004). **Assessment Issues and Frequent Sequelae of Racial and Ethnic Origins Workplace Harassment.** American Psychological Association, Honolulu, HI.

Root, M. P. P. (2004). **(E)Merging Identities: Adolescent Mixed-Ancestry Identity Development (Discussant).** American Psychological Association, Honolulu, HI.

Root, M. P. P. (2004). **Race Related Stress and Post-Traumatic Stress Disorder in Asian American Pacific Island Vietnam Veterans (Chair).** American Psychological Association, Honolulu, HI.

Root, M. P. P. (2002). **Racial Experiences Informing the Role of Mixed Race Adolescents.** American Psychological Association, Chicago, IL.



- Root, M. P. P. (2002). **Multicultural Competency in Understanding The Impact of Racial and Ethnic Origins Harassment in the Workplace.** American Psychological Association, Chicago, IL.
- Root, M. P. P. (2000). **Considerations in the Construction of Weight Management Contracts in the Treatment of Eating Disorders.** University of Washington, Department of Psychiatry.
- Root, M. P. P. (1999). **Training and Practice Perspectives on Diversity.** Minnesota Psychological Association.
- Root, M. P. P. (1998). **The Contemporary Generation of Mixed Race Filipino Americans and Identity.** Filipino American National Historical Society, Portland, OR.
- Root, M. P. P. (1997). **Psychological Assessment Issues for Ethnic and Cultural Minorities.** Washington State Bar Association. Seattle, WA.
- LaDue, R. A., and Root, M. P. P. (1997). **Understanding Cultural Trauma and Its Implications.** Indian Health Service. Seattle, WA.
- Root, M. P. P. (1997). **Racial Colonizing of Contemporary Multiracial Filipinos.** Association of Asian American Studies. Seattle, WA.
- Root, M. P. P. (1997). **Psychological Consequences of Racial Harassment in the Workplace.** Washington State Psychological Association Committee on Ethnic Minority Affairs Continuing Education Series.
- Root, M. P. P. (1996). **Racial Identity of Filipino Americans.** Filipino American National Historical Society. New York, NY.
- Root, M. P. P. (1994). **Understanding Racism and the Effects of Racial Harassment on Mental Health.** American Psychological Association, Los Angeles, CA.
- Root, M. P. P. (1994). **Therapy issues with racially mixed women.** American Psychological Association, Los Angeles, CA.
- Root, M. P. P. (1994). **Clinical psychology and racism.** American Psychological Association, Los Angeles, CA.
- Root, M. P. P. (1993). **A Model for Understanding Contextual Forces that Shape a Racially Mixed Identity in America.** American Psychological Association, Toronto, Canada.
- Root, M. P. P. (1993). **Pros and Cons in Interracial Dating Relationships.** Asian American Psychological Association Convention, Toronto, Canada.

- Root, M. P. P. (1992). **Reconstructing the Impact of Trauma on Personality Development: A Feminist Perspective.** International Society for Traumatic Stress Studies Annual Conference: Trauma and Tragedy. Amsterdam, The Netherlands.
- Ho, C., LaDue, R., Mar, N., and Root, M. P. P. (1991). **Issues in Culturally Sensitive Assessment and Treatment.** Washington State Psychological Assoc. Conference. Seattle, WA.
- Root, M. P. P. (1991). **Gender and Culture Bias Against Asian American Women in Divorce/Custody Hearings.** Symposium on Gender Implications in the Adjustment of Asian Americans. Annual Conference for Asian American Psychological Association. San Francisco, CA.
- Root, M. P. P. (1991). **Insidious Trauma Within and Among Ethnic Communities.** Annual Conference of the American Psychological Association, San Francisco, CA.
- Root, M. P. P. (1991). **Insidious Trauma in the Asian American Communities.** Association for Asian American Studies. Honolulu, HI.
- O'Halloran, M. S., Banuelos, M., & Root, M. P. P. (1990). **Disordered Eating Among Women of Color.** American Psychological Association, Boston, MA.
- Root, M. P. P. (1989). **A Model for Understanding Variations in the Experience of Traumata and Their Sequelae.** Advanced Feminist Therapy Institute, Banff, Canada.
- Pine, C. J., Cervantes, J. M., Hall, C. I. J., Holroyd, J., LaDue, R. A., Robinson, L., & Root, M. P. P. (1989). **Draft Guidelines for Delivery of Services to Ethnic Minority Populations.** American Psychological Association, New Orleans, Louisiana.
- Root, M. P. P. (1989). **A Comparison of Bulimics with and without a History of Sexual Victimization.** American Psychological Association, New Orleans, Louisiana.
- Root, M. P. P. (1989). **Recovered Bulimics: Attributions, Definitions, and Stability of Recovery.** American Psychological Association, New Orleans, Louisiana.
- Root, M. P. P. (1988). **Resolving "Other" Status: The Process of Biracial Identity Development.** Annual Feminist Therapy Institute Conference, Seattle, Wa.
- Root, M. P. P., & Fallon, P. (1986). **Assessment of the Bulimic with the Bulimia and Related Eating Disorders Screen.** Second International Conference on Eating Disorders, New York, NY.

- Root, M. P. P., & Fallon, P. (1986). **Physical Victimization Experiences in a Sample of 172 Bulimic Women.** Second International Conference on Eating Disorders, New York, NY.
- Root, M. P. P., & Fallon, P. (1985). **Victimization Experiences As Critical Incidents in the Development of Bulimia.** American Psychological Association, Los Angeles, CA.
- Root, M. P. P., & Fallon, P. (1985). **Bulimia: Family Typology and Treatment.** American Psychological Association, Los Angeles, CA.
- Reto, C., Root, M. P. P., & Fallon, P. (1985). **The Incidence of Suicide in a Bulimic Sample.** Washington State Psychological Association, Vancouver, B. C.
- Root, M. P. P. (1983). **Binging and Purging: A Way of Coping with Social Proscriptions.** Association for Women in Psychology, Seattle, WA.
- Bradshaw, C., Ho, C., Ito, J., Root, M., & Tsai, M. (1983). **Issues in the Mental Health of Asian American Women.** Association for Women in Psychology, Seattle, WA.
- Root, M. P. P. (1983). **The Implication of Family Types in Women's Vulnerability to Bulimia.** Western Psychological Association, San Francisco, CA.
- Root, M. P. P., & Friedrich, W. N. (1983). **MMPI Profiles within a Bulimic Sample.** Western Psychological Association, San Francisco, CA.
- Root, M. P. P. (1982). **Towards a Functional Definition of Social Support.** Western Psychological Association, Sacramento, CA.
- Root, M. P. P., & Sue, S. (1981). **The Nature and Role of Social Supports in Primary Prevention .** American Psychological Association, Los Angeles, CA.
- Root, M. P. P. (1981). **The Nature and Function of Social Support.** Washington State Psychological Association, Ocean Shores, WA.
- Root, M. P. P., & Sue, S. (1981). **Social Support and Psychological Well-being.** Western Psychological Association, Los Angeles, CA.
- Root, M. P. P., & Tsujimoto, R. N. (1980). **Cognitive, Social, and Moral Development in Young Children.** Western Psychological Association, Honolulu, HI.

#### WORKSHOPS

- Root, M. P. P. (2004). **Ten Thing to Know About Doing Therapy with Interracial and Cross-Cultural Couples**. National Association of Social Workers, Washington State.
- Root, M. P. P. (2004). **Mixed Race Identities: Research, Theory, and Practice Implications**. Continuing Education Workshop, American Psychological Association Annual Convention, Honolulu, Hawaii.
- Root, M. P. P. (2003). **Contemporary Thinking on Interracial Families and Biracial Children**. Washington State Psychological Association, Seattle, WA
- Root, M. P. P. (2003). Taking Charge: Managing Stress in the Workplace. **13<sup>th</sup> Annual FACES Conferences**, Seattle, WA.
- Root, M. P. P. (2003). Multiracial People: Identity and Assessment. Social Workers of Savannah, Savannah, GA.
- Root, M. P. P. (2001). **The Filipino American Experience**. Filipino American Historical Society and Filipino American Student Association (Miramar College), San Diego, California.
- Root, M. P. P. (2001). **The Multiracial Experience: Racial Borders as the Significant Frontier in Race Relations**. Cultural Diversity Conference, The Multicultural Family Institute, New Jersey.
- Root, M. P. P. (2000). **Developmental and Identity Issues for Children of Mixed Heritage**. Washington State Psychological Association.
- Root, M. P. P. (1999). **Cultural Competency Series: Clinical Application with Emphasis on People of Mixed Heritage**. Minnesota Psychological Association.
- Root, M. P. P. (1999). **Rethinking Racial and Cultural Diversity. Center for the Prevention of Sexual Abuse and Domestic Violence**, Seattle, WA.
- Root, M. P. P. (1996). **Racial Identity**. Private High School Consortium of Washington and Oregon. Seattle, WA.
- Root, M. P. P. (1995). **Disordered Eating as a Coping Strategy for Trauma Sustained in Adulthood**. Veteran's Administration Medical Center, Seattle, WA.
- Root, M. P. P. (1994). **Health Care Issues Among Women of Color: Reforming Health Care for All**. Setting the Agenda for Women's Health Care: 1995 and Beyond. Virginia Mason Medical Center, Seattle, WA.
- Root, M. P. P. (1993). **Interracial Romance: Dating and Marriage**.

University of Washington, Feminist Research Forum,  
Seattle, WA.

Daniel, R., & Root, M. P. P. (1993). **Multiracial Identity: The Personal Experience.** Multiracial Americans of Southern California Annual Conference, Long Beach, CA.

Root, M. P. P. (1993). **Psychological Profile for Risk for Athletes who Develop Eating Disorders.** American College of Sports Medicine, North Carolina.

Root, M. P. P. (1993). **Eating Disorders: Elements of Assessment & Intervention.** Veterans Administration Hospital, American Lake, WA.

Root, M. P. P. (1993). **What Did I Say? Increasing Cultural Sensitivity.** Washington State Psychological Association.

Root, M. P. P. (1993). **A National Identity Crisis: Understanding Multiracialism and Multiculturalism in Our Daily Lives.** The Evergreen State College, Olympia, WA.

Rees, J. M., & Root, M. P. P. (1992). **Treatment of Eating Disorders in the 1990's.** Research Pathways to Improved Health Services for Women. National Institute of Health Conference, Seattle, WA.

Root, M. P. P. (1992). **Ethnic Identity Development and Multicultural Awareness.** Western State Hospital, Ft. Steilacoom, WA.

Root, M. P. P. (1992). **Understanding Differences and Interracial Dating.** Cornell University, Ithaca, NY.

Root, M. P. P. (1991). **Couples Therapy for People with Eating Disorders.** Intergenerational Issues of Women with Eating Disorders. Renfrew Foundation, Philadelphia, PA.

Root, M. P. P. (1991). **Family Dynamics of Eating Disorders: Beyond Shame and Blame.** Eating Disorders Professionals of Colorado Conference, Denver, CO.

Root, M. P. P. (1991). **New Data in Adolescent Bulimia: What Works--What Doesn't Work in Recovery?** Eating Disorders Professionals of Colorado Conference, Denver, CO.

Root, M. P. P. & Porter, N. (1990). **Moving Toward Being Culturally Sensitive Feminist Therapists.** Invited Workshop, American Psychological Association, Boston, MA.

- Root, M. P. P. (1990). **Working with Insurance Claimants As Survivors of Tragedy and Trauma.** Annual Conference Servpro Insurance, Inc., Honolulu, HI.
- Root, M. P. P. (1990). **The Significance of Rituals in Family Development.** Kapiolani Medical Center, Honolulu, HI.
- Root, M. P. P. (1990). **Disordered Eating: an Addiction in Context.** University of Hawaii and Hawaii Psychological Association.
- Root, M. P. P. (1989). **Assessment and Treatment Planning for Eating Disordered Persons with Victimization Histories.** Kapiolani Medical Center, Honolulu, HI.
- Root, M. P. P. (1989). **Integrating Data on Asian/Pacific American Women into Mainstream Undergraduate Curricula.** Invited workshop, Ford Foundation, University of California, Los Angeles, CA.
- Root, M. P. P. (1989). **Assessing and Treating Substance Abuse.** Center for Student Development, University of Hawaii, Honolulu, HI.
- Root, M. P. P. (1989). **Assessment and Conceptualization of the Treatment of Trauma Survivors.** Center for Student Development, University of Hawaii, Honolulu, HI.
- Brown, L., Walker, L. E., & Root, M. P. P. (1989). **A Feminist Conceptualization of and Treatment approaches to Traumata.** Society for the Study of Trauma, San Francisco, CA.
- Root, M. P. P., & Marlatt, G. A. (1989). **Gender Differences, Disordered Eating, and Problem Drinking.** Washington State Psychological Association, Whistler, British Columbia, Canada.
- Root, M. P. P. (1989). **Understanding the Family's Role in the Development, Maintenance, and Recovery from Eating Disorders and How to Seek Appropriate Referrals for Treatment.** Conference on Eating Disorders sponsored by Yakima Valley College.
- Root, M. P. P., Johnson, M., & Holman, C. (1988). **Self-Image, Body-Image, and Weight: Realistic Control to Prevent Eating Disorders.** Educational Clinics for University of Washington Athletic Department's Female Athletes.
- Root, M. P. P. (1988). **Persistent Disordered Eating as a Post-Traumatic Stress Response.** Washington State Psychological Association's First Women and Psychology Conference, Seattle, Wa.

- Root, M. P. P., Johnson, M., & Holman, C. (1988). **Evaluating and Understanding Risk factors in the Development of Eating Disorders in Athletes.** Training clinic for University of Washington Athletic Coaches and Trainers.
- Root, M. P. P. (1987). **Understanding and Conducting Feminist Family Therapy.** Association for Women in Psychology, Denver, CO.
- Root, M. P. P. (1987). **Understanding and Treating Eating Disorders.** Presbyterian Counseling Services Community Workshop Series, Seattle, WA.
- Root, M. P. P. (1986). **What Can We Borrow From Models of Addiction for Treating Eating Disorders?** Washington State Psychological Association, Everett, WA.
- Root, M. P. P. (1986). **Detection and Treatment of Eating Disorders.** In-service training, Kent School District, WA.
- Root, M. P. P. (1986). **Changing Your Relationships with Food and Body-Image: A Six Week Workshop.** Resources Northwest, Valley Cities Mental Health, Auburn, WA.
- Root, M. P. P. (1986). **Controversy in the Treatment of Eating Disorders.** Western State Hospital, Ft. Steilacoom.
- Root, M. P. P. (1986). **Treatment of Eating Disorders.** Valley Cities Mental Health, Auburn, WA.
- Root, M. P. P. (1986). **The Function of Victimization Experiences in the Context of Victimization Experiences.** Harborview Sexual Assault Center, Seattle, WA.
- Root, M. P. P., & Fallon, P. (1986). **Treatment of Bulimia.** Oregon State Psychological Association, Portland, OR.
- Root, M. P. P., & Fallon, P. (1985). **Treatment of Eating Disorders.** Group Health Cooperative, Mental Health, Seattle, WA.
- Root, M. P. P., & Fallon, P. (1984). **Bulimia: Conceptualization and Treatment.** Walla Walla, WA.
- Friedrich, W. N., Root, M. P. P., & Fallon, P. (1984). **Clinical Interventions with Bulimic Family Types: Conceptual Basis and Practical Approaches.** American Association of Marital and Family Therapy, San Francisco, CA.
- Root, M. P. P., & Fallon, P. (1984). **Indications and Contra-Indications for Family Therapy in the Treatment of Bulimia.** Washington State Psychological Association, Spokane, WA.

- Root, M. P. P. (1984). **Therapy Issues in the Treatment of Eating Disorders**. Society for Adolescent Medicine, Seattle, WA.
- Root, M. P. P., & Fallon, P. (1984). **Cognitive Restructuring in the Treatment of Bulimia**. Symposium on Current Therapies Bulimia, Providence Hospital, Seattle, WA.
- Root, M. P. P., & Fallon, P. (1984). **Issues in Treatment Planning for Women with Alcohol and Eating Disorder**. Residence XII: Residential alcohol treatment for women, Bothell, WA.
- Root, M. P. P., & Fallon, P. (1984). **Challenging Anorexic and Bulimic Thought Patterns**. Overcoming Anorexia and Bulimia: A 2 day workshop, St. Joseph's Hosp., Tacoma, WA.
- Root, M. P. P., & Fallon, P. (1983). **Bulimia: A Socio-Cognitive Conceptualization and Group Treatment Approach**. Washington State Psychological Association, Renton, WA.
- Root, M. P. P., & Fallon, P. (1983). **Bulimia: Discovery to Recovery**. Washington State Psychological Association, Renton, WA.
- Root, M. P. P., & Fallon, P. (1983). **Bulimia: A Socio-Cognitive Conceptualization and Treatment Approach to Bulimia**. American Psychological Association, Anaheim, CA.
- Root, M. P. P., & Fallon, P. (1983). **A Socio-Cognitive Conceptualization and Treatment Approach to Bulimia**. Washington State Psychological Association, Pasco, WA.
- Root, M. P. P. (1982). **Group Treatment for Bulimic Clients**. Providence Medical Center Symposium on the Therapy of Anorexia Nervosa and Bulimia, Seattle, WA.
- Root, M. P. P., & Feldman-Summers, S. (1982). **Group Treatment of Bulimia**. Washington State Psychological Association, Renton, WA.

## **Grants**

**1997- Research Royalty Fund**, University of Washington, \$29,000.00

## **University Service**

1997- Faculty Council on Academic Standards

1996- Program Director, Asian American Studies



## CONSULTATION, RESEARCH AND PROGRAM DEVELOPMENT

- 2004 Research Consultant to Federally Funded study on Filipino Families
- 2003- Consulting Psychologist, **Marysville Police Dept.**, WA.
- 2003- Advisor to Mavin Foundation
- 2001-2003 Mavin Foundation Board
- 2001-2004 Research Consultant to PACT, an Adoption Alliance for Transracial Identity Study
- 2000- Consulting Psychologist, **Renton Police Dept.**, WA.
- 1999-2000 **Asian Pacific Islander Women and Family Safety Center Board**
- 1999- Consulting Psychologist, **King County Sheriff's Dept.**, WA.
- 1997- **Family Diversity Project.** Advisory Board. Denver, CO.
- 1996- **Association of Multiethnic Americans.** Advisory Board.
- 1996-1998 **FACES Project** (Filipino American Community Epidemiology Project), UCLA and Asian American Recovery Services, San Francisco, CA.
- 1993-2001 Consulting Psychologist, **Seattle Police Department**, WA
- 1991-1993 Consultant to **National Research Center on Asian American Mental Health**, UCLA and UCD
- 1991-1993 Scientific Advisory Committee to **Department of Veterans Affairs** on ethnicity and post-traumatic stress disorder
- 1990-1993 Board member for the **Center for the Prevention of Domestic Violence**, Seattle, WA
- 1993-1995 Committee for "No Chatkes" Art Sale
- 1997 Long Range Planning Committee
- 1989 Consulting Psychologist to **National Collegiate Athletic Association** Educational Films

- 1988-1989 Consulting Psychologist to **University of Washington, Athletic Department**. Interdisciplinary Intervention to Reduce the Development and Spread of Eating Disorders Among Female Athletes.
- 1986-1988 Consulting Psychologist to **Kent Police Department** in selection of Law Enforcement Personnel for "**New Generation Jail**" facility, King County, WA
- 1986 Consulting Psychologist to **Washington State State Department of Juvenile Corrections** (Echo Glenn) to establish guidelines for residential treatment of adolescents with disordered eating, King County, WA
- 1984-1988 Clinical Consultant for **Personal Performance Consultants Employee Assistance Programs**, St. Louis, MO
- 1984 Clinical Consultant to **U.S. Olympic Ski Team**.

#### AWARDS AND FELLOWSHIPS

- 2004 Who's Who of Professional and Business Women (Eighth Edition)
- 2003 Intermix Awards for *Bill of Rights for Racially Mixed People*, Intermix: A Day of Celebration of Mixed Race Achievement, London, England.
- 2003 Named in Seattle Magazines *Best Doctors*, September Issue.
- 2002 American Family Therapy Association *Diversity Award*
- 1997 American Psychological Association, *Early Career Award for Distinguished Contribution to Psychology in the Public Interest*
- 1997 Gustavus Myers Center *Outstanding Book Award* for the Study of Human Rights in the United States for **The Multiracial Experience: Racial Borders as the New Frontier**. (1996, Sage Publications.)
- 1996 Asian American Psychological Association's *Distinguished Contribution Award*
- 1996 American Psychological Association, Society for the Study of Ethnic Minority Psychology, *Career Contributions to*

*Research Award*

- 1993 Gustavus Myers Center *Outstanding Book Award* for the Study of Human Rights in the United States for **Racially Mixed People in America**. (1992, Sage Publications.)
- 1993 *VIP Award* from the Filipino American National Historical Society, Seattle Chapter
- 1993 *Leadership Citation Award* from the American Psychological Association's Committee on Women in Psychology.
- 1993 **Self** magazine's citation for one of "51 Sage" therapists in the nation (August)
- 1992 American Psychological Association, Society for the Study of Ethnic Minority Psychology, *Emerging Leadership Service Award*
- 1991 American Psychological Association's Third Annual Minority Fellowship Program Achievement Award for *Innovations in Treatment of Ethnic Minority Populations*
- 1988-1989 National Institute on Alcohol Abuse and Alcoholism Post-Doctoral Training Fellowship
- 1988 **Town & Country Magazine's**, *Outstanding Therapist for Working with People with Eating Disorders*
- 1987 *Distinguished Psychologist Award* from the Washington State Psychological Association
- 1983 American Psychological Association's Division of Psychotherapy Honorable Mention for Psychotherapy Paper: **A Socio-cognitive conceptualization and treatment approach to bulimia**
- 1982-1983 NIMH Clinical Training Grant
- 1981-1983 APA Minority Fellow
- 1981,1982 University of Washington Department of Psychology's Ned Wagner award for research

- 1979-1980 NIMH Clinical Training Grant
- 1977-1978 Claremont Graduate School Fellowship
- 1973-1977 Appointment as a University of California  
Regent's Scholar and Scholarship Recipient

**PROFESSIONAL MEMBERSHIPS and ACTIVITIES**

- 1981-1984 *Northwest Group Psychotherapy Association*
- 1981- *Western Psychological Association*  
1993 Fellow
- 1982- *Association for Women in Psychology*
- 1983- *Asian American Psychological Association*
- 1983- *Washington State Psychological Association*  
2003-2004 Chair of Real Estate Task Force  
2003 Chair Awards Committee  
2003 Past-President  
2002 President  
2001 President-elect  
2000 Vice-President  
1996-1997 Co-chair Committee on Ethnic Minority Affairs  
1995-1996 Conference Planning Committee  
1991-1993 Member-at-large  
1990-1991 Conference Planning Committee  
1989 Editorial Board  
1988- Task Force: Ethnic Minority Concerns  
1988 Steering Committee for First Annual  
Women and Psychology Conference  
1987-1988 Editor of **Washington Psychologist**
- 1985- *American Psychological Association*  
2004 Fellow Division 44  
2004 Heritage Awards Committee  
2004 Public Interest Awards Committee  
2002 Co-Chair of Task Force on Rewrite of Multicultural  
Guidelines  
2002 Chair for BAPPI  
2000-2002 Board for the Advancement of Psychology in the  
Public Interest (BAPPI)  
1997-1999 Council of Representatives

1992-1995 Committee on Ethnic Minority Affairs  
 --Liaison to Task Force on Race  
 1991 Fellow Divisions 35 and 45  
 1989 Board of Ethnic Minority Affairs:  
 Task Force on Delivery of Services  
 to Ethnically Diverse Populations  
**Division 45** (Ethnic Minority Psychology)  
 1997-1999 Council Representative  
 1994-1995 Program Chair for APA 1995 convention  
 1990-1993 Member-at-large  
 1991 Fellow  
 1989-1992 Editor of newsletter, **Focus**  
**Division 27** (Community Psychology)  
 1986 Board Member of Standing  
 Committee on Ethnic and  
 Minority Issues  
 1981-1983 Western Regional Student  
 Representative  
**Division 35** (Women)  
 1995-1997 Task Force on Mentoring  
 1991 Fellow  
 1986- Committee on Research on Women  
 1986-1987 Board Member of Task force on  
 Women of Color  
 1991- Fellows Committee  
**Division 12** (Clinical)  
**Division 44** (Gay and Lesbian Psychology)  
 2003 Fellow  
 2004-2005 Fellows Committee

1987-1989 *Feminist Therapy Institute*  
 1988-1989 Steering Committee  
 1987 Conference Planning Committee

1990- *Association for Asian American Psychology*

1992-1998 *International Soc. for Traumatic Stress Studies*

1993-95 *American Orthopsychiatry Association*

#### COPYRIGHTED MATERIALS

Root, M. P. P. (2004). Multiracial Oath of Social Responsibility  
 Root, M. P. P., Hall, C. I. I., LaDue, R. A., Mahboubi, J., and Bradshaw, C. (2004).  
 Therapist Screening for Working with Multiracial and Multicultural Clients

- Root, M. P. P. (2003). 50 Experiences of Discrimination Against Racially Mixed People.
- Root, M. P. P. (2000). 10 Truths About Interracial Marriage
- Root, M. P. P. (1997). Body-Image Inventory
- Root, M. P. P. (1997). Racial Resemblance Inventory
- Root, M. P. P. (1997). Racial Experiences Questionnaire
- Root, M. P. P. (1997). Ecological Model for Racial Identity Development
- Root, M. P. P. (1994). Bill of Rights for Racially Mixed People
- Root, M. P. P. (1988). The Bulimic and Alcohol
- Root, M. P. P. (1987). Physical Symptoms, Warnings, & Effects of Eating Disorders
- Root, M. P. P. (1987). Personal Recovery Journal
- Root, M. P. P., & Fallon, P. (1983). Bulimia: From Discovery to Recovery
- Root, M. P. P., & Fallon, P. (1983). Bulimia and Related Eating Disorders Screen
- Root, M. P. P., & Fallon, P. (1983). Personal Monitoring Journal for Bulimia
- Root, M. P. P. (1982). Binging as a Learning Experience
- Root, M. P. P. (1981). Bulimia Monitoring Journal